

STATIONS OF THE RESURRECTION

Via Lucis - Way of the Light

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Alleluia. Christ is risen.
The Lord is risen indeed. Alleluia.

Alleluia. Christ our Passover has been sacrificed for us; therefore let us keep the feast, Not with old leaven, the leaven of malice and evil, but with the unleavened bread of sincerity and truth. Alleluia.

Christ being raised from the dead will never die again; death no longer has dominion over him. The death that he died, he died to sin, once for all; but the life he lives, he lives to God. So also consider yourselves dead to sin, and alive to God in Jesus Christ our Lord. Alleluia.

Christ has been raised from the dead, the first fruits of those who have fallen asleep. For since by a man came death, by a man has come also the resurrection of the dead. For as in Adam all die, so in Christ shall all be made alive. Alleluia.

Let us walk this pilgrimage of faith, as daughters and sons of the light and as witnesses of the Risen Lord. Let us meditate upon the resurrection of Christ and discover the pathway of light that Christ blazes through our lives.

Alleluia, alleluia, alleluia.

O sons and daughters, let us sing!
The King of heaven the glorious King,
Over death today rose triumphing. Alleluia!

FIRST STATION:
JESUS RISES FROM THE DEAD

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

On the first day of the week, at early dawn, they went to the tomb, taking the spices which they had prepared. And they found the stone rolled away from the tomb, but when they went in they did not find the body. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the living among the dead? Remember how he told you, while he was still in Galilee, that the Son of man must be delivered into the hands of sinful men, and be crucified, and on the third day rise." And they remembered his words, and returning from the tomb they told all this to the eleven and to all the rest. Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told this to the apostles." *Luke 24:1b-10*

On the first day of the week, at the dawning of the new creation, Jesus arose from the dead. No one saw the event, yet like the apostles, we are called to be witnesses of this central faith event. The light and power of Christ's death and resurrection has become the pattern for our living. May we recognize Christ's dying and rising in our midst. *Silence*

Almighty God, who through your only-begotten Son Jesus Christ overcame death and opened to us the gate of everlasting life: Grant that we, who celebrate with joy the day of the Lord's resurrection, may be raised from the death of sin by your life-giving Spirit; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

**Alleluia, alleluia, alleluia.
Not Magdalen, not Salome,
Nor James' own mother then delay
Embalming Jesus' corpse that day. Alleluia!**

SECOND STATION:
THE DISCIPLES DISCOVER THE EMPTY TOMB

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

Peter then came out with the other disciple, and they went toward the tomb. They both ran, but the other disciple outran Peter and reached the tomb first; and stooping to look in, he saw the linen cloths lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb; he saw the linen cloths lying, and the napkin, which had been on his head, not lying with the linen cloths but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed. *John 20:3-8*

The empty tomb is a silent witness of the greatest event of our faith. Seeing the empty tomb, the disciples were motivated to seek the Risen Lord at work in their midst. They saw and believed in the continuing presence of the Lord of love. All the empty and lonely places of human life are precisely where the Lord wishes to work and be revealed. *Silence*

Grant, we pray, Almighty God, that we who celebrate with awe the Paschal feast may be found worthy to attain to everlasting joys; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen

Alleluia, alleluia, alleluia.
To the place where the Lord had been
Peter and John did run to see
If news of hope was meant to be. Alleluia!

THIRD STATION:
THE RISEN LORD APPEARS TO MARY MAGDALEN

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

Mary stood weeping outside the tomb, and as she wept she stooped to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had lain, one at the head and one at the feet. They said to her, "Woman, why are you weeping?" She said to them, "Because they have taken away my Lord, and I do not know where they have laid him." Saying this, she turned round and saw Jesus standing, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom do you seek?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary." She turned and said to him in Hebrew, "Rabboni!" (which means Teacher). Jesus said to her, "Do not hold me, for I have not yet ascended to the Father; but go to my brethren and say to them, I am ascending to my Father and your Father, to my God and your God." *John 20:14b-17*

Mary Magdalen is given the mission to carry the good news of the resurrection to the apostles and the disciples. Mary had been in the company of Jesus and His followers, and is given the privilege to announce the hope of new life. She is known over the centuries as "the apostle to the Apostles." Jesus called her by name, gave her the eyes of faith, and called her to give a unique personal witness to her friends in the faith community. *Silence*

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

Alleluia, alleluia, alleluia.
That Easter morn, at break of day,
The faithful women went their way
To seek the tomb where Jesus lay, Alleluia!

FOURTH STATION:
THE RISEN LORD APPEARS ON THE ROAD TO EMMAUS

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

That very day two of them were going to a village named Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing together, Jesus himself drew near and went with them. And he said to them, "O foolish men, and slow of heart to believe all that the prophets have spoken! Was it not necessary that the Christ should suffer these things and enter into his glory?" And beginning with Moses and all the prophets, he interpreted to them in all the scriptures the things concerning himself. *Luke 24:13-15,25-27*

The Emmaus road is the story of the Christian life. These disciples were walking away from Jerusalem and the apostolic faith community in defeat and dejection. They had lost hope. We too, have moments of despair and desolation. The Risen Lord Jesus accompanies us along the road, even when we are moving in the wrong direction. Only the Lord can "break open" the Word in order to help us understand the stories of our lives, especially suffering, and read them in harmony with the pattern of the Scriptures. Only the Lord can rekindle our energy and our resolve to devote ourselves to what is most important in life. *Silence*

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen.**

Alleluia, alleluia, alleluia.
As the disciples walked that day,
The Lord did join them on their way
Sharing the truth which lasts always, Alleluia!

FIFTH STATION:

THE RISEN LORD IS KNOWN IN THE BREAKING OF THE BREAD

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

So they drew near to the village to which they were going. He appeared to be going further, but they constrained him, saying, "Stay with us, for it is toward evening and the day is now far spent." So he went in to stay with them. When he was at table with them, he took the bread and blessed, and broke it, and gave it to them. And their eyes were opened and they recognized him; and he vanished out of their sight. *Luke 24:28-31*

The encounter on the road leads to the table, the breaking of the bread and the total gift of self. Recognition of the Risen Lord is always linked with the Eucharist. At the heart of our Christian life is this meal of Word and Eucharist which we celebrate every Sunday. The Risen Lord presides over all our journeys, wishing to set our hearts on fire in generous service to all people in need, near and far. The gift we have received is the gift we share. Humbly, we set out on the various roads of our lives to respond to all the hungers of the human family. *Silence*

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Alleluia, alleluia, alleluia.
Eyes fail to see his righteousness
Till bread he took and broke and blessed
Hearts turn to joy from their distress. Alleluia!

SIXTH STATION:
THE RISEN LORD APPEARS TO THE DISCIPLES

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

Jesus himself stood among them, and said to them, "Peace to you."
37 But they were startled and frightened, and supposed that they saw a spirit. 38 And he said to them, "Why are you troubled, and why do questionings rise in your hearts? 39 See my hands and my feet, that it is I myself; handle me, and see; for a spirit has not flesh and bones as you see that I have." 40 And when he had said this, he showed them his hands and his feet. *Luke 24:36b-40*

The disciples on the road to Emmaus quickly returned to the other disciples in Jerusalem with "burning hearts." Their despair had been reversed and they were eager to convince the others that Jesus was alive. Jesus the Christ is always eager to gather the community of disciples at the table of faith and to show them that He has risen with His wounds glorified. All our wounds will one day be glorified. We seek to understand how the Risen Lord invites us to be "wounded healers," recognizing now that the Lord desires us to be ambassadors of reconciliation, while we ourselves are being forgiven and healed. *Silence*

O God of unchangeable power and eternal light: Look favorably on your whole Church, that wonderful and sacred mystery; by the effectual working of your providence, carry out in tranquility the plan of salvation; let the whole world see and know that things which were cast down are being raised up, and things which had grown old are being made new, and that all things are being brought to their perfection by him through whom all things were made, your Son Jesus Christ our Lord. **Amen.**

Alleluia, alleluia, alleluia.
As the apostles met in fear;
Amidst them came the Lord most dear,
And said "My peace be on all here." Alleluia!

SEVENTH STATION:
THE RISEN LORD GIVES PEACE AND THE POWER TO FORGIVE

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when he had said this, he breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." *John 20:19-23*

Even though the doors of the Upper Room were bolted shut, the Risen Lord pierced through all fear and united the hearts of the disciples with the gift of peace. Deep inner peace is the root and source of the peace and joy that the world cannot give. The Risen Lord calls us to seek peace always through a non-violent commitment to conflict resolution and thus transform the world, relationship by relationship. *Silence*

Almighty and everlasting God, who in the Paschal mystery established the new covenant of reconciliation: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Alleluia, alleluia, alleluia.
When Thomas, first the tidings heard,
How they had seen the Risen Lord,
He doubted the disciples' word. Alleluia!

EIGHTH STATION:
THE RISEN LORD STRENGTHENS THE FAITH OF THOMAS

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe." Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered him, "My Lord and my God!"

The story of Thomas is important because it is through Thomas' example that we realize that doubt can be a part of faith. Too easily we call him "Doubting Thomas," and forgetting that after examining the nail marks, he fully embraced the Risen One as his Lord and Savior. Thomas' doubt was transformed into a lively faith. We too, are called to believe, knowing full well that our faith may be tested by doubt and fear. As disciples who desire an ever-deeper faith, we are patient and understanding with those who are struggling, searching and seeking like Thomas. *Silence*

O God, by whom the meek are guided in judgment, and light rises up in darkness for the godly: Grant us, in all our doubts and uncertainties, the grace to ask what you would have us to do, that the Spirit of wisdom may save us from all false choices, and that in your light we may see light, and in your straight path may not stumble; through Jesus Christ our Lord. **Amen.**

Alleluia, alleluia, alleluia.
No longer Thomas then denied,
He saw the feet, the hands, the side;
You are my Lord and God, he cried. Alleluia!

NINTH STATION:
THE RISEN LORD EATS WITH THE DISCIPLES

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred and fifty-three of them; and although there were so many, the net was not torn. Jesus said to them, "Come and have breakfast." Now none of the disciples dared ask him, "Who are you?" They knew it was the Lord. *John 21:10-12*

After the crucifixion, the apostles returned to their former way of life. Out on the familiar Sea of Galilee, these expert fishers find themselves ineffective and baffled because not even a single fish was caught. From the shore, the Risen Lord guides them and directs their nets until they are filled to overflowing. As He prepares breakfast for them, He nourishes their hearts and promises them that they can also be fed by making disciples in His name. *Silence*

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers, which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Alleluia, alleluia, alleluia.
How blest are they who have not seen,
And yet whose faith has constant been
For they eternal life shall win. Alleluia!

TENTH STATION:
THE RISEN LORD FORGIVES PETER

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

When they had finished breakfast, Jesus said to Simon Peter, "Simon, son of John, do you love me more than these?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Feed my lambs." A second time he said to him, "Simon, son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Tend my sheep." He said to him the third time, "Simon, son of John, do you love me?" Peter was grieved because he said to him the third time, "Do you love me?" And he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep. And after this he said to him, "Follow me."
John 21:15-17,19b

The Risen Lord directs His attention to Peter whose embarrassing three-fold denial was still ringing in his heart. The questions posed by Jesus help Peter to find reconciliation and to embrace his new mission to tend and feed the sheep. Their encounter reminds us that forgiveness is always available, even for the most serious of mistakes we can make. This warm embrace of forgiveness strengthens our resolve to be reconcilers and healers in the Spirit of Jesus. Only love can overcome guilt and deception. Only love and forgiveness can make us whole. *Silence*

O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: Grant that we may share the divine life of him who humbled himself to share our humanity, your Son Jesus Christ our Lord. **Amen.**

Alleluia, alleluia, alleluia.
The one who made denials three
Redeeming love from guilt sets free,
And so is called to feed the sheep. Alleluia!

ELEVENTH STATION:
THE RISEN LORD SENDS THE DISCIPLES INTO THE WORLD

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age." *Matthew 28:18-20*

From the mountaintop, the Risen Lord gives the "Great Commission" to the disciples to reach out to the ends of the earth. We realize that we are the recipients of this faith-filled mission: our ancestors embraced the faith of the apostles, who were the original witnesses of the resurrection. The greatest response we can give to such a legacy is our dedication to a new evangelization of our contemporary culture. We must allow the Risen Lord to reinvigorate our whole way of living, helping us to re-evaluate every aspect of our lives with the values of the Kingdom of God. *Silence*

Almighty and everlasting God, whose will it is to restore all things in your well-beloved Son, the King of kings and Lord of lords: Mercifully grant that the peoples of the earth, divided and enslaved by sin, may be freed and brought together under his most gracious rule; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Alleluia, alleluia, alleluia.
And we with Holy Church unite,
As evermore is just and right,
in glory to the King of light. Alleluia!

TWELFTH STATION:
THE RISEN LORD ASCENDS INTO HEAVE

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

So then the Lord Jesus, after he had spoken to them, was taken up into heaven, and sat down at the right hand of God. And they went forth and preached everywhere, while the Lord worked with them and confirmed the message by the signs that attended it. *Mark 16:19*
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The Scriptures do not portray the Ascension as a day of sadness. While still looking up at the skies, the disciples were consoled by the continuing presence of the Lord. They return to the familiar surroundings of the Upper Room, with Mary, the mother of the Lord, to pray in anticipation of their mission. In this "original novena," we continue to implore the Risen Lord to be the center of our lives and to keep us focused as a jubilant pilgrim people. *Silence*

Almighty God, whose blessed Son our Savior Jesus Christ ascended far above all heavens that he might fill all things: Mercifully give us faith to perceive that, according to his promise, he abides with his Church on earth, even to the end of the ages; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

Alleluia, alleluia, alleluia.
Our humble thanks to God let's show
And fitting praise on Him bestow
For Paschal blessings here below. Alleluia!

THIRTEENTH STATION:
THE DISCIPLES KEEP VIGIL IN THE UPPER ROOM

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away; and when they had entered, they went up to the upper room, where they were staying, Peter and John and James and Andrew, Philip and Thomas, Bartholomew and Matthew, James the son of Alphaeus and Simon the Zealot and Judas the son of James. All these with one accord devoted themselves to prayer, together with the women and Mary the mother of Jesus, and with his brothers. *Acts 1:12-14*

Throughout the history of the Church, there have been apostolic movements dedicated to prayerful contemplation, and others resulting in transforming action. We look to the "Upper Room" as a symbolic place where we return over and over again, so that we can become "contemplatives in action." As persons who are both prayerful and energetic in service to the Gospel, we must always keep vigil for the advent of the Risen Lord, with the flame of faith alive in our hearts. Only the Lord can refresh our spirits and renew us in the ministries that flow from our Baptism and Confirmation.
Silence

O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

Alleluia, alleluia, alleluia.
To God our hearts and voices raise,
Throughout Easter's Great Fifty Days,
In laud and jubilee and praise. Alleluia!

FOURTEENTH STATION:
THE RISEN LORD SENDS THE HOLY SPIRIT

We adore you, O Christ, and we bless you.
**Because by your Holy Cross and Glorious Resurrection
you have redeemed the world**

When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. 4 And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance.
Acts 2:1-4

The power of the Holy Spirit drives the disciples from the Upper Room into the streets and marketplace. The Spirit compels them to take the message everywhere, in places familiar and unfamiliar, not stopping until they reach the ends of the world. We have been clothed with the same Spirit. We are called to be evangelizers and witnesses, near and far, wherever we go. The Spirit always goes before us, preparing the way and strengthening our hearts to be generous servants of the Risen Lord who ever guides us. Pentecost is an enduring and continuing event. We implore the Holy Spirit to renew the face of the earth by renewing us. *Silence*

Almighty God, on Pentecost you opened the way of eternal life to every race and nation by the promised gift of your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

Alleluia, alleluia, alleluia.
O sons and daughters of the Lord,
The King of glory, King adored,
From death to life has been restored. Alleluia!

CONCLUSION

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Lord God, whose Son our Savior Jesus Christ triumphed over the powers of death and prepared for us our place in the new Jerusalem: Grant that we, who have this day given thanks for his resurrection, may praise you in that City of which he is the light, and where he lives and reigns for ever and ever. **Amen.**

Let us bless the Lord. Alleluia, alleluia.
Thanks be to God. Alleluia, alleluia.